



Bible Studies & Small Groups

Winter 2026

Holy Family Catholic Community

Save the Date

A Request Made 100 Years Ago: The Five First Saturday Devotion and Our Lady's Peace Plan from Heaven

Saturday, January 10, 2026

Holy Family

Women's Ministry Event

Saturday, January 17, 2026

Holy Family

Parish Mission

Sunday, February 15–Tuesday, February 17, 2026

Holy Family

Ash Wednesday

Wednesday, February 18, 2026

Lenten Priest Talks

Thursdays: February 26 – March 26, 2026

Holy Family

Men of Christ

Saturday, March 14, 2026

12 Hours of Reconciliation

Wednesday, March 25, 2026

Holy Family

Holy Family Gala

Wednesday, April 22, 2026

Holy Family

CHECK THE GOOD NEW OR HFFDL.ORG, CLOSER TO THE DATE, FOR MORE INFORMATION



REGISTER FOR SMALL GROUPS ONLINE

Sign Up Online

Register for your small group on the Holy Family website. You can scan the QR code above or visit hffdl.org/sm to select your group. Contact Sabina at scarter@hffdl.org or 920-921-0580 ext. 501 with any questions.

Group Materials

We are requesting that participants purchase their own materials, unless noted in the class description. If help is needed, please contact the leader of your group, listed in the following information. Thank you.

Co-Ed Small Groups

Level - Beginner

Discovering Adoration

Mondays: Jan. 12 – Jan. 26, 2026

5:45–7:00pm | Presentation Church and Basement | Limit 9

Leader: Ann Streblov (am_streb@yahoo.com) or (920) 933-9329

Materials needed: There is no cost and no materials for this class.

This "class" shows how simple adoration can be, and maybe you will learn a few things to help with your time during adoration.

No reading and no books.

Just sit there with Him.

In His Presence you will find peace.

Level - Intermediate

The Passion and Resurrection of Jesus from Little Rock Scripture Study

Mondays: Feb. 2 – March 23, 2026

6:30–8:00pm | Holy Family South Hall | Limit 10

Leaders: Julie Baltz (baltzj63@gmail.com or (920) 960-4108)

Materials Needed: The Passion and Resurrection of Jesus from Little Rock Scripture Study \$17.95 (prices and shipping costs vary). The participants will purchase their own books.

The gospel stories of the passion and resurrection of Jesus are at the core of Christian faith, revealing the nature of God, the person of Jesus, and the path of every discipline. Explore these essential stories in the unique accounts of Matthew, Mark, Luke and John. This lent, embrace the cross and resurrection in your own life.

Level - Beginner

Exploring the Sunday Readings

Tuesdays: Ongoing

9:30-11:00am | Holy Family St. Agnes Library | Limit 2

Leader: Dean Starks (dbstarks@charter.net) or (920) 960-0543

Materials needed: Contact Dean to determine if you have or will need the Workbook for Lectors, Gospel Readers, and Proclaimers of the Word for the correct Liturgical Year.

This is a Bible Study for looking at the upcoming Sunday Readings. Each week will use the investigations and comments of Bible scholars to learn the significant insights in each set of Sunday readings. We will further discuss and share how these readings apply to us and add enrichment to our lives. A great way to prepare for Sunday Mass!

Level - Beginner

33 Days to Eucharist Glory by Matthew Kelly

Wednesdays: Feb. 18 – March 25, 2026 (Consecration on Apr 15, 2026) |

6:00-7:00pm | Presentation Basement | Limit 40

Leaders: Patti Folz (pmicz@hotmail.com) or (920) 579-2424) and Amy Ruppert

Materials needed: There is no cost or materials for this class. The group leader will take care of purchasing the books for the participants.

We will be using Mathew Kelly's "33 Days to Eucharistic Glory" to walk us through 15 min of daily readings. In class we will work through questions, and exercises found in the accompanying study guide. Join us on a spiritual journey to deepen your faith and your relationship with Jesus in the Blessed Sacrament leading to Eucharistic Consecration. The goal is to have the consecration as a group on Wednesday April 15 after the 6pm Mass.

Level - Beginner

Mysteries of the Rosary - Joyful Mysteries

Paradisus Dei

Wednesdays: Jan. 7 – Feb. 18, 2026 | 7:00-8:00pm | Holy Family North Hall | Limit 40

Leader: Douglas Stadler (stadler.d@gmail.com or (920) 979-1357)

Materials needed: There is no cost or materials for this class.

The Mysteries of the Rosary is an Immersive and Contemplative Experience.

Filmed on location in the Holy Land, Rome, Lourdes, Fatima and Paris – it's never been done quite like this before! From the Annunciation in Nazareth to the Shepherd's Field in Bethlehem! From the Garden of Gethsemane to the Chapel of the Crucifixion and into the empty tomb! From St. Peter's Basilica to the Pantheon and Catacombs! Praying your Rosary will never be the same.

Level – Multi Level

Into His Likeness – Be Transformed as a

Disciple of Christ by Edward Sri

Thursdays: Jan. 8-Feb. 12, 2026 | 8:30-10:00am | Holy Family Board Room | Limit 10

Leader: Marian Freund (meafreund@gmail.com or (920) 923-1775)

Materials needed: There is no cost or materials for this class. It is on [Formed](#).

If you have previously attended Marian's class, you do not need to sign up.

In the ancient disciple-rabbi relationship, the disciple would follow the rabbi so closely that he would be covered in the dust kicked up from his rabbi's feet. Thousands of years later, though we walk on roads of pavement and not dust, we are still called to be disciples—to follow our Rabbi, Jesus Christ, so closely that we are covered with his life, changed, and made new.

Level – Multi Level

Bread of Life – Eucharist in Galilee by Tim Gray

Thursday: Feb. 19 | 8:30-10:00am | Holy Family Board Room | Limit 10

Leader: Marian Freund (meafreund@gmail.com or (920) 923-1775)

Materials Needed: There is no cost or materials for this class. It is on [Formed](#).

If you have previously attended Marian's class, you do not need to sign up.

Christ's teaching about the Eucharist was not reserved solely for the Last Supper. Rather, this profound mystery is the crescendo of Jesus' entire ministry: all his work in Galilee prepared for and pointed to the Eucharist. Join Dr. Tim Gray in Bread of Life: The Eucharist in Galilee for an exciting five-part series about Jesus' teaching on the Eucharist. The short videos will be put together as a type of retreat.

Level – Multi Level

Jesus' Passion: The Story of Redemptive Suffering by Jennifer Phelps

Thursdays: Feb. 26-March 15, 2026 | 8:30-10:30am | Holy Family Board Room | Limit 10

Leader: Marian Freund (meafreund@gmail.com or (920) 923-1775)

Materials needed: The Coil-bound Study Guide for Jesus' Passion: The Story of Redemptive Suffering \$20, purchase not required to participate.

If you have previously attended Marian's class, you do not need to sign up.

Jesus' Passion: The Story of Redemptive Suffering examines the Scriptural basis of Mel Gibson's movie, The Passion of the Christ, and looks at how this powerful portrayal of the suffering and death of Jesus relates to the Bible and the teachings of the Catholic Church.

Each lesson includes a short introduction, reprinted biblical texts, study and reflection questions, Points to Ponder commentary, Catechism Connections, as well as a summary and quotes from canonized saints and recent popes.

The Coil-bound Study Guide for Jesus' Passion: The Story of Redemptive Suffering contains the written commentary for 5 lessons that includes questions for each lesson. Suggested Responses are included in the back of each book. In a group setting, these five lessons would ideally be done one lesson per week.

Level – Multi Level

Acts of the Apostles - the Church learning to be

Church by Mark Hart

Thursdays: April 9-April 30, 2026 | 8:30-10:00am | Holy Family Board Room | Limit 10

Leader: Marian Freund (meafreund@gmail.com or (920) 923-1775)

Materials Needed: There is no cost or materials for this class. It is on [Formed](#).

If you have previously attended Marian's class, you do not need to sign up.

Mark Hart gives a refresher on the Acts of the Apostles, which show us how to live as brothers and sisters in Christ led by the Holy Spirit.

1st session – Chapters 1-5

2nd session -Chapters 6-11

3rd session – Chapters 12-17

4th session – Chapters 17-28

Scripture and the Rosary by Little Rock Scripture Study

Thursdays: May 7-May 28, 2026 | 8:30-10:00am | Holy Family Board Room | Limit 10

Leader: Marian Freund (meafreund@gmail.com or (920) 923-1775)

Materials Needed: Scripture and the Rosary by Little Rock Scripture Study/Liturgical Press and Clifford Yearly \$14, purchase not required to participate.

If you have previously attended Marian's class, you do not need to sign up.

The rosary has long held a central place in the prayer lives of Catholics. At the heart of this popular form of prayer is an invitation to focus our minds and hearts on the life, death, and resurrection of Jesus Christ, Son of God and Son of Mary. Through an illuminating analysis of all the relevant biblical texts, Scripture and the Rosary provides a trustworthy guide for deepening our understanding and appreciation of key events in the lives of Jesus and Mary, reflected in each set of mysteries: Joyful, Luminous, Sorrowful, and Glorious. Commentary, study and reflection questions, prayers, and access to online lectures are included. (Intro plus) 14 lessons.

Clifford M. Yearly served for many years as the associate director of Little Rock Scripture Study. He is the author of several Bible studies, including The Sermon on the Mount, The Eucharist in Scripture, and Pilgrim People, all published by Little Rock Scripture Study/Liturgical Press.

Each lesson includes a video lecture (15-20 min). Videos can be viewed online (link provided on Table of Contents page of each book). Speakers for this study are Clifford M. Yearly, Catherine Upchurch, David LeSieur, and Gregory C. Wolfe.

Men's Small Groups

Level - Beginner

Becoming a Man After God's Own Heart 2.0

from Paradise Dei | Men Only |

5:30-7:00am | Holy Family North Hall | Limit 55

Leader(s): Mike Frydryk (mjfrydryk@gmail.com or 920) 602-0155) and Al Nicolai Wednesdays: Jan 7 – Apr 15, 2026

Materials Needed: \$10 suggested donation if interested in a workbook.

This program honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Women's Small Groups

Level - Beginner

Walking with Purpose: Discovering Our Dignity

Women Only

Fridays: Jan. 19 - May 15, 2026, following SMSA school calendar and cancellations

8:15-10:00am | St. Mary Springs Academy Childcare | Limit 20

Leaders: Allision Geiger (kageiger@att.net or (920) 810-7868), Laura Rector, and Katelynn Schneider

Materials needed: Walking with Purpose: Discovering Our Dignity by Lisa Brenninkmeyer| Cost: \$45.00 plus shipping

✿ Women of the Bible Discovering Our Dignity ✿

Women of the Old and New Testaments were as flawed and broken as we can be, yet the power of God worked in their lives. Discovering Our Dignity will allow you to learn from their experiences and uncover ways to deal with unwanted circumstances and deferred hopes. Through their stories recorded in Scripture, women of the Bible reach out to touch our “present” in a tender, honest, and loving way—woman to woman—with ancient wisdom, sage advice, and insights from two sorrowful failures and emotional wounds.

Learn how God worked in the lives of Biblical women: Sisters Leah and Rachel overcame jealousy when they learned that God offered all that they really needed. Abigail’s faith was so strong she Deborah had been given grace by God to act as His prophet, for the good of her people. Mary’s “yes” to God—her fiat—changed everything. How else did her words and deeds influence Jesus and vice versa?

A series of talks accompanies this 22-lesson Bible study.

Level - Beginner

St. Mary Magdalen, Prophetess of Eucharistic Love

By Fr. Sean Davidson | Women Only

Tuesdays: Feb. 10 - March 31 2026, (no class Feb 17) |6:30-7:45pm | Victory Center to the south of Sacred Heart school | Limit 8

Leader: Dawn Meyer (jobbagee@icloud.com) or (920) 517-7557

Materials needed: St. Mary Magdalen, Prophetess of Eucharistic Love \$17.95 (prices and shipping costs vary)

During this Lenten season, let St. Mary Magdalene’s radical love for Jesus enflame your heart & enlighten your mind through studying the text in “Saint Mary Magdalen:

Prophetess of the Eucharist”. This book helps readers to learn from her inspiring example and enter more deeply into adoration of Jesus Christ truly present in the Blessed Sacrament. (If you can’t make it to this small group, read the book anyway! It’s well worth your time!)

Self-Study Programs

Self Study on Formed.org



Through video series, podcasts, movies, and more, there are many different resources that make it easy to dive deeper into our faith on Formed!

Go to <https://hffdl.formed.org/> click ‘Register Now,’ enter information (Holy Family Catholic Community/Fond du Lac) to create an account or sign-in.

Emmaus 90 Archdiocese of Milwaukee

Thursday: Jan. 1 – April 9, 2026

Materials Needed: Participants order and sign up for Emmaus 90 (2026) directly from the Archdiocese of Milwaukee (use the QR code on this page or go to their website). Cost: \$20.00 + shipping



Walk with One, invite 2-3 people to be in your "Pilgrim Group"

HUNGRY FOR MORE? JOIN THE ADVENTURE.

Your hunger isn’t an accident. The God who loves you created you with deep hunger and desire that’s meant to draw you to Himself. Jesus longs to satisfy your desire as only He can. Come let him fill you until you are overflowing.

Join us for a concentrated season of encountering Jesus Christ, letting him fill you, and learning to love others from the overflow.

Pilgrims who register by December 28 receive their printed Guidebooks by mail before January 1, 2026. **An electronic copy will be sent to your email upon registering.**

The Rosary in a Year (with Fr. Mark-Mary Ames)

In Ascension's Rosary in a Year podcast, Fr. Mark-Mary Ames, CRF, guides listeners in a step-by-step journey that will change the way you pray – no matter where you are in your spiritual life.

By starting small and adding on over time, listeners will find themselves falling more in love with this powerful Marian devotion, becoming a source of grace for the whole world.

Listen to discover...

How to build a daily habit of prayer

How to form a relationship with Jesus and Mary

The Biblical foundations of the Rosary

How to meditate with sacred art (visio divina), saint writings, and scripture (lectio divina)

The power of Mary's influence in your life

...and more

For the complete prayer plan, visit
<https://ascensionpress.com/riy>

Weekly Class Schedule

Overview of Classes Available Each Day

Monday

- **Discovering Adoration**
Mondays: Jan. 12 – Jan. 26, 2026
5:45–7:00pm | Presentation Church and Basement
- **The Passion and Resurrection of Jesus**
Mondays: Feb. 2 – March 23, 2026
6:30–8:00pm | Holy Family South Hall

Tuesday

- **Exploring the Sunday Readings**
Tuesdays: Ongoing
9:30–11:00am | Holy Family St. Agnes Library
- **St. Mary Magdalen, Prophetess of Eucharistic Love**
Tuesdays: Feb. 10 - March 31 2026, (no class Feb. 17)
6:30-7:45pm | Victory Center to the south of Sacred Heart school

Wednesday

- **33 Days to Eucharist Glory by Matthew Kelly**
Wednesdays: Feb. 18 – March 25, 2026 (Consecration on April 15, 2026)
6:00-7:00pm | Presentation Basement
- **Mysteries of the Rosary - Joyful Mysteries Paradisus Dei**
Wednesdays: Jan. 7 – Feb. 18, 2026
7:00-8:00pm | Holy Family North Hall
- **Becoming a Man After God's Own Heart 2.0**
Wednesdays: Jan. 7 – April 15, 2026 | **Men Only**
5:30-7:00am | Holy Family North Hall

Thursday

- **Into His Likeness – Be Transformed As a Disciple of Christ**

Thursdays: Jan. 8-Feb.12, 2026

8:30-10:00am | Holy Family Board Room

- **Bread of Life – Eucharist in Galilee**

Thursday: Feb. 19

8:30-10:00am | Holy Family Board Room

- **Jesus' Passion: The Story of Redemptive Suffering**

Thursdays: Feb. 26-March 15, 2026

8:30-10:30am | Holy Family Board Room

- **Acts of the Apostles - the Church learning to be Church**

Thursdays: April 9-April 30, 2026

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Thursdays: May 7-May 28, 2026

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Women Only

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8:15-10:00am | St. Mary's Springs Academy Childcare



**Just Rest, Receiving God's Renewing Presence
in the Deserts of Your Life
(A Study of the Exodus)**

**HOLY FAMILY CATHOLIC COMMUNITY
2026 PRE-LENT PARISH MISSION**

FEATURING

Sonja Corbitt

Join best-selling author, Telly Award-winning broadcaster, and "Catholic Evangelista" Sonja Corbitt to learn about the spiritual discipline, gift, and promise of rest through the story of the Exodus. We dispose ourselves to receive the promise of rest through a disciplined desert process common to God's people from the beginning. The biblical Exodus story is a map through this desert process, showing us the disciplines that offer "dew" – God's renewing presence in the desert that leads us to the superabundance of rest in thoughts, emotions, body, and soul.

**SUNDAY, FEBRUARY 15 – TUESDAY, FEBRUARY 17, 2026
HOLY FAMILY CHURCH
BRING YOUR BIBLES!**