



Bible Studies & Small Groups

Winter 2024



HOLY FAMILY CATHOLIC COMMUNITY

Register for Small Groups Online



Sign Up Online

Register for your small group on the Holy Family website. You can scan the QR code above or visit hffdl.org/sm to select your group. Contact Sabina at scarter@hffdl.org with any questions.

Group Materials

We are requesting that participants purchase their own materials. If help is needed, please contact the leader of your group, listed in the following information. Contact group leader regarding the ordering and payment of books for *EPIC*. Thank you.

Co-Ed Small Groups

Quo Vadis Movie Night

Monday: January 15, 2024

6:00–9:15 p.m. at Holy Family North Hall – Limit: None

Leader: Rob Kratoska (kratoska@hotmail.com or 920-204-0033)

Love biblical epics? Come watch Quo Vadis and imagine what life for early Christians in Rome might have been like. This 1951 movie is based on the novel by Henryk Sienkiewicz. Come watch the movie to prepare for the Monday night EPIC: The Early Church class that begins on January 29th or come as a one time event.

The movie will start promptly at 6:00 p.m. There will be one intermission during the movie. Run time is 2 hours 54 minutes.

Quo vadis is Latin for “Where are you going?” and alludes to a New Testament verse (John 13:36). The verse, in the King James Version, reads as follows, “Simon Peter said unto him, Lord, whither goest thou? Jesus answered him, Whither I go, thou canst not follow me now; but thou shalt follow me afterwards. “Quo Vadis tells of a love that develops between a young Christian woman, Lygia and Marcus Vinicius, a Roman patrician. It takes place in the city of Rome under the rule of emperor Nero around AD 64. Sienkiewicz studied the Roman Empire extensively prior to writing the novel, with the aim of getting historical details correct.

As such, several historical figures appear in the book. As a whole, the novel carries a powerful pro-Christian message. Published in installments in three Polish dailies in 1895, it came out in book form in 1896 and has since been translated into more than 50 languages. This novel contributed to Sienkiewicz’s Nobel Prize for literature in 1905.

**Sign up is NOT necessary to attend the movie.*

Level: Beginner

EPIC: The Early Church by Ascension Press

Mondays: January 29, 2024 – April 15, 2024 (No Class February 19)

7:00–8:30 p.m. at Holy Family South Hall – Limit: None

Leader: Rob Kratoska (kratoska@hotmail.com or 920-204-0033)

Suggested Materials: EPIC Workbook (\$27) *Contact Rob Kratoska if you would like to order your workbook through Holy Family*

Discover the extraordinary story of the Church's beginnings—a time of courageous saints, brilliant philosophers, eloquent theologians, ruthless emperors, and heroic martyrs. St. John Paul II said, "Christ is the foundation and center of history; he is its meaning and ultimate goal."

Epic: The Early Church encourages you to grow closer to Christ through a deeper understanding of His Church. Here you will get to know the people and events that shaped its first five hundred years. You will see how the Church Fathers boldly confronted early challenges to the Faith—challenges similar to the ones we face today. You will learn the stories behind the first ecumenical councils and the Roman persecutions and meet many of the men and women who gave their lives to defend the Faith. The heroic stories of the early leaders and martyrs of the Church will strengthen and affirm your own walk of faith.

Level: Beginner

Exploring the Sunday Readings

Tuesdays

9:30–11:15 a.m. at Sacred Heart Church Hospitality Room – Limit: 6 attendees

Leader: Helen Heimeral (poetlassie@yahoo.com)

This is a Bible Study for looking at the upcoming Sunday Readings. Each week will use the investigations and comments of Bible scholars to learn the significant insights in each set of Sunday readings. We will further discuss and share how these readings apply to us and add enrichment to our lives. A great way to prepare for Sunday Mass!

Level: Beginner

Confidence in the Merciful Love of God

Tuesdays: February 6, 2024 – February 13, 2024

6:00–8:15 p.m. at Holy Family Fireside Room – Limit: 12 attendees

Leader: Dawn Meyer (jobbagee@icloud.com or 920-517-7557)

This is a mini-class for all who are short on time but desire to grow in their faith! Using the podcast, Abiding Together, we will discuss Pope Francis' recent Apostolic Exhortation about St. Therese of Lisieux entitled "C'est la Confiance: On Confidence in the Merciful Love of God".

We will reflect on what it looks like to abandon ourselves with total confidence in God's love. We also chat about how a praying church is a powerful church and what it means to be childlike instead of childish. St. Therese's "little way" can guide us in learning to pray, trust, and love.

Level: Beginner

Bible Basics for Catholics A New Picture of Salvation History

Tuesdays: January 23, 2024 – February 13, 2024

6:30–8:00 p.m. at Holy Family South Hall – Limit: 25 attendees

Leader: Julie Baltz (baltzj63@gmail.com or 920-960-4108)

Required Materials: Bible Basics for Catholics: A New Picture of Salvation History by John Bergsma/Ave Maria Press (\$16.95)

This study is a great place to grow your knowledge and understanding of the Bible. If you have never taken a Bible study this may be the class for you. The book is a fun and fast read. Short videos enhance the readings. Together we will trace Salvation History through the major covenants in the Bible. Starting with the first covenant between God and Adam and culminating with the Eucharistic Covenant of Jesus. Along with the covenants, the book also emphasizes mediators between God and the Israelites.

Level: Beginner

Bible: St. Paul's Letter to the Philippians

Wednesdays: January 31, 2024 – February 28, 2024 (No Class February 14)

6:30–8:00 p.m. at Holy Family St. Agnes Library – Limit: 14 attendees

Leader: Tom Schuessler (schuess56@gmail.com or 920-210-4990)

Join us for a 4-week study of St. Paul's Letter to the Philippians. This book of the Bible has four chapters. We will read and reflect on a chapter each week. Here are some key verses from Philippians, to give a sample of some of the great subjects which we will discuss from this Scripture: Chapter 1 verse 21: "For me to live is Christ." Chapter 2 verse 5: "Your attitude must be the same as that of Christ Jesus." Chapter 3 verse 10: "Know the power of His resurrection and the fellowship of sharing in His sufferings." Chapter 4 verses 7, 13: "The peace of God will guard your hearts and your minds in Christ Jesus. ... I can do all things in Christ who strengthens me." In addition to these reflections, we will pray together, support each other, and present our petitions to the Lord.

Level: Beginner

Job

Thursdays: January 4, 2024 – February 15, 2024

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 10 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Materials Needed: Job - Study Guide by Clifford M. Yearly and the New Collegeville Bible Commentary by Kathleen M. O'Connor (\$17)

The book of Job tells the story of a righteous man who is overwhelmed by suffering and complains to God until God comes to speak with him. The stage is set for Job's suffering when God praises his servant Job to the Satan, who vehemently asserts that Job is only righteous because God has blessed him in every way. Take away his blessings, the Satan claims, and Job will curse God. In an age where suffering was seen as a sign of punishment for sin, Job's suffering is doubled when all his friends impugn his character as they witness his sorrows. This story speaks eloquently of the mystery of human suffering. Listen to God's Word in the midst of pain.

Level: Beginner

Do Not Be Afraid The Church Needs More Saints with Jason Evert SEEK23

Thursday: February 22, 2024

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 10 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Using the example of Pope St. John Paul II, Jason Evert discusses the importance of interior life in the mission of evangelization to which all Christians are called.

Level: Beginner

Eternal Rest: The Art of Dying Well

Thursdays: February 29, 2024 – March 28, 2024 (No Class March 14)

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 10 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Materials Needed: Eternal Rest: The Art of Dying Well Study Guide (\$6 to \$13)

We all have very real questions about death. What happens when we die? What does Scripture teach about death? How do we prepare for the life to come? Explore the mystery of death, dying, and everlasting life through Eternal Rest, a new offering of the Augustine Institute.

Eternal Rest examines the origin of death, the afterlife, and the powerful reality around the sacrament that ushers us into eternal life. Eternal Rest presents the Catholic Church's teaching about death and God's response to it with wisdom and truth, gentleness and compassion, so we can think about and prepare for death in the light of Jesus Christ, the Author of life.

Level: Beginner

Fulfilled Uncover the Biblical Foundations of Catholicism

Thursdays: April 4, 2024 – May 16, 2024

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 10 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Materials Needed: Fulfilled: Uncover the Biblical Foundations of Catholicism (\$25)

Have you ever been unable to explain the “why” of Catholic beliefs? Have you ever wondered why the Old Testament sounds so different from the New Testament? In the Old Testament, God began building a plan and laying a foundation for the beautiful traditions of the Catholic Faith. That plan was fulfilled by Jesus in the New Testament. Fulfilled will reignite your love of Scripture and help you share and defend the Catholic Faith with the Word of God.

Level: Beginner

Holy Women You’ve Never Heard Of

Thursday: May 23, 2024

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 10 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Join Dr. Elizabeth Klein and Dr. Jessica Murdoch as they unveil the lives of five incredible, lesser-known female saints. Each saint is discussed for 10-13 minutes on FORMED – we will cover as many as time permits. Saints: Macrina the Younger, Mary of Egypt, Scholastica, Bridgid of Sweden, Marie Ann Blondin.

Level: Beginner

The Rescue Project

Fridays: January 5, 2024 – March 22, 2024

6:30–8:30 p.m. at Sacred Heart Victory Center – Limit: 10 attendees

Leader: Karen Faris (kfaris414@gmail.com or 715-581-8980)

Optional Materials: The Rescue Project Story Guide for Participants (\$12)

The story of the gospel is a story of the utterly radical love God has for each of us. It so incised the powers that be that they murdered this man named Jesus, who was the Word itself spoken by the Father at the sin and fall of Adam. Come learn about this radical man whose love knows no bounds. Just how great is our God?

Level: Beginner

Consecration to Mary

Saturday: February 3, 2024

10:00–11:15 a.m. at Holy Family South Hall – Limit: None

Leader: Dawn Meyer (jobbagee@icloud.com or 920-517-7557)

Learn the basics of consecration to Mary formulated by St. Maximilian Kolbe. The goal of consecration to Mary is to GROW IN FAITH IN CHRIST. Mary walks with us towards JESUS. Consecration to Mary...

- will transform your life and the lives of others!
 - will energize you and others with a ripple effect!
 - is welcoming the gift of Christ and His Mother into your life and your home!
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The Blessed Eucharist: Our Greatest Treasure

Saturdays: January 13 & 27, 2024; February 10 & 24, 2024; March 2 & 16, 2024

10:00–11:15 a.m. at Presentation Church Basement – Limit: None

Leader: Fr. Kevin Tanel (frtanel@hffdl.org or 920-921-0580 ext. 604)

Materials Needed: The Blessed Eucharist: Our Greatest Treasure by Fr. Michael Mueller (\$13). Plus supplemental materials will be provided as needed.

This course will read and discuss Fr. Michael Mueller's book The Blessed Eucharist: Our Greatest Treasure. Participants will gain deeper insight into what the Eucharist is and its central place in the life every Catholic. Topics for discussion include best practices for preparing to receive Holy Communion, prayers of Thanksgiving after receiving, and adoring the Blessed Sacrament. Participants will be assigned three chapters to read prior to each meeting.

Men's Small Groups

That Man is You – Worthy of the Call

Wednesdays: January 3, 2023 – March 27, 2024

5:30–7:00 a.m. at Holy Family North Hall – Limit: None

No Registration Required, Open Attendance.

Leader: Mike Frydryk (mfrydryk@kondex.com or 920-602-0155) and Al Nicolai

Required Materials: Pick Up Materials at Class (\$10)

Discover and embrace the call to live a life worthy of the call you have received. Discover how to stay awake in a woke culture. Experience a breathtakingly beautiful journey through The Joyful Mysteries from the Holy Land this Advent. Identify the internal and external struggle with the power of evil and create a pathway to overcome it. Embrace the call to lay down your life in loving sacrifice, bring joy into your home and manifest the merciful love of God the Father. Experience the holy grit of the Saints while relying upon the holy grace of God. Lift up your heart and mind to Christ with powerful Lenten Reflections. Remain grafted to the vine to bear a hundred-fold fruitfulness. Enter into Holy Thursday, Good Friday and Easter Sunday through Jewish eyes and experience the Triduum like never before.

**Sign up is NOT necessary to attend the class.*

Level: Beginner

33 Day Consecration to St. Joseph

Fridays: February 16 & 23, 2024; March 1, 8, & 15, 2024

Tuesday: March 19 (Solemnity of St. Joseph)

6:00–6:30 p.m. at Sacred Heart Church Hospitality Room – Limit: 12 attendees

Leader: Michael Zaccaria (yanksfan0617@gmail.com or 732-207-0921)

Materials Needed: 33 Day Consecration to St Joseph by Fr. Calloway (\$13.50)

A study for men on how St. Joseph is our spiritual father, and a journey on how to be more like him.

Women's Small Groups

Level: Beginner

Walking with Purpose Seven Priorities that Make Life Work

Fridays: January 19 & 26, 2024; February 2, 16, & 23, 2024; March 1, 8, & 22, 2024

8:15–9:45 a.m. at Holy Family South Hall – Limit: 18 attendees

Leaders: Allision Geiger (kageiger@att.net or 920-810-7868) and Laura Rector

Materials Needed: Walking with Purpose: Seven Priorities that Make Life Work Book and Discussion Guide (\$13.66)

Once in awhile, things may seem as if they're under control, but we want to walk with purpose regardless of our circumstances. God wants us to daily experience the joy and contentment that comes from knowing we have given our all to what He considers most important. The abundant and purposeful life we were created to live is just around the corner.

Through this study we will:

- Stop striving and rest in God's unconditional love.
 - Experience new hope in your marriage.
 - Reach your child's heart.
 - Create clarity in a cluttered home.
 - Find friendships that go below the surface and satisfy.
 - Discover your passion and purpose.
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Self-Study Programs

Bible Self Study on Formed.org

Through video series, podcasts, movies, and more, there are many different resources that make it easy to dive deeper into our faith on Formed! Find a variety of different Bible Studies under "Programs/Bible Studies". Go to <https://hffdl.formed.org/> click 'Register Now,' enter information (Holy Family Catholic Community/Fond du Lac) to create an account or sign-in.

FORMED®

Bible in a Year from Fr. Mike Schmitz and Ascension Presents

The Bible in a Year podcast guides you through the **entire Bible** in 365 episodes. Using an exclusive reading plan rooted in The Bible Timeline (a ground-breaking approach to understanding salvation history developed by Biblical scholar Jeff Cavins) you won't just read the Bible ... you'll finally understand how all the pieces fit together to tell an amazing story that continues in your life today! Check out <https://media.ascensionpress.com/all-bible-in-a-year-episodes/> for more information.

Catechism in a Year from Fr. Mike Schmitz and Ascension Presents

With this podcast, Catholics will:

- Read the entire Catechism of the Catholic Church in 365 days.
- Understand the essentials of the Catholic Faith and why thy matter.
- See how Church teaching is rooted in Sacred Scripture.
- Absorb over 2,000 years of Sacred Tradition.
- Encounter God's plan of sheer goodness.
- Transform their relationship with the Church that Christ founded.

If you have ever wanted to understand what it means to be Catholic and allow those truths to shape your life - this podcast is for you! We can't wait to start this incredible journey with you!

MON		TUE
Early Morning 5:30 AM - 7:30 AM		
Morning 8:00 AM - 12:00 PM		Exploring the Sunday Readings 9:30-11:15am @ SH Hospitality Every Tuesday (Heimerl) <i>Limit: 6</i>
Evening 6:00 PM - 9:00 PM	Quo Vadis Movie Night 6:00-9:15pm @ HF North Hall Jan. 15 (Kratoska) <i>Limit: None</i> EPIC: The Early Church 7:00-8:30pm @ HF South Hall Starts Jan. 29 (Kratoska) <i>Limit: None</i>	Bible Basics for Catholics 6:30-8:00pm @ HF South Hall Starts Jan. 23 (Baltz) <i>Limit: 25</i> Confidence in the Merciful Love of God 6:00-8:30pm @ HF Fireside Room Starts Feb. 6 (Meyer) <i>Limit: 12</i> Young Adults 7:30-9:00pm @ SH School Basement Every Tuesday (YA Team) <i>Limit: None</i>

WED	THU	FRI	SAT
Men's Group That Man Is You 5:30-7:00am @ HF Hall Starts Sept. 6 (Frydryk) <i>Limit: None</i>			
	Study Series 8:30-10:00am @ HF Library (Freund) <i>Limit: 10</i>	Women's Group Walking With Purpose 8:15-9:45am @ HF South Hall Starts Jan. 19 (Geiger & Rector) <i>Limit: 18</i>	Consecration to Mary 10:00-11:15am @ HF South Hall Starts Feb 3 (Meyer) <i>Limit: None</i> The Blessed Eucharist 10:00-11:15am @ PBVM Basement Starts Jan. 13 (Fr. Kevin) <i>Limit: None</i>
Bible: St. Paul's Letter to the Phillippians 6:30-8:00pm @ HF St. Agnes Library Starts Jan. 31 (Schuessler) <i>Limit: 14</i>		Men's Group Consecration to St. Joseph 6:00-6:30pm @ SH Hospitality Room Starts Feb. 16 (Zaccaria) <i>Limit: 12</i> The Rescue Project 6:30-8:30pm @ SH Victory Center Starts Jan. 5 (Faris) <i>Limit: 10</i>	

Save the Date

Women's Ministry Event

Saturday, January 20, 2024

at Holy Family

Ash Wednesday

Wednesday, February 14, 2024

Parish Mission

Sunday, February 18–Tuesday, February 20, 2024

at Holy Family

Lenten Luncheon

Tuesday, February 27, 2024

at Holy Family with the Archbishop

Lenten Priest Talks

Tuesdays: February 27–March 12, 2024

at Sacred Heart

Men of Christ

Saturday, March 9, 2024

12 Hours of Reconciliation

Wednesday, March 20, 2024

at Holy Family

Holy Family Gala

Wednesday, April 17, 2024

at Holy Family

For more information, check the Good News or our website HFFDL.org in the New Year.