

et dwelt among us



Come, Holy Spirit.

Pentecost

Holy Family High School Formation Program
2023-2024

High School Formation | 2023-2024 CALENDAR

Color Key for Students, Times, & Locations:

9th Grade/10th Grade | 4-5:30pm **Victory Center (No Parents)**

ALL Public Students (9th-12th grade) | 4-6pm **SH Church (At Least One Parent per student)**

Fall Session Confirmation | Winter Session Confirmation
|Spring Session Confirmation

Sunday Meetings from 10am-2pm **SH Church (Parents Join from 11am-12:45pm for Mass + Potluck)**

Retreat from 7pm Friday—10am Sunday at **Camp Vista (Bus departs SH Church at 7pm, Parents join us at 9am at Camp Vista for Mass. Retreat concludes after this Mass.)**

Address for SH Church & Victory Center:
678 Western Ave, Fond du Lac, WI 54935

Address for Camp Vista Retreat Center:
N3398 Chapel Heights Rd, Campbellsport, WI 53010

JANUARY '24						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

7 - Winter Sunday Meeting 3
14 - Class 4
21 - Winter Sunday Meeting 4
26-28 - Winter Retreat
28 - No Seminar due to Winter Confirmation Retreat

FEBRUARY '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

4 - Spring Sunday Meeting 1
11 - At-Home Service Weekend (no in-person meeting)
18 - Spring Sunday Meeting 2
18-20 - Parish Mission (6:30-8pm at Holy Family Church each night)
25 - Lenten Practices & Stations (Special Location: at Holy Family Church)

SEPTEMBER '23						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

9 - Last Day to Register
10 or 14 - Confirmation Parent Meeting (2 Options)
17 or 21 - Candidate/Sponsor Meeting (2 Options)
24 - Welcome Seminar

MARCH '24						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

3 - Spring Sunday Meeting 3
8-10 - Spring Retreat
10 - Class 5
17 - Spring Sunday Meeting 4
24 - Family Reconciliation Night
29 - Good Friday
31 - Easter Sunday

OCTOBER '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1 - Fall Sunday Meeting 1
8 - Class 1
15 - Fall Sunday Meeting 2
22 - Annual Seminar (Healing)
27-29 - Fall Retreat

APRIL '24						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

14 - Class 6
28 - Shrine Field Trip to Champion, WI (Students Only, Noon-6pm, Bus Departs SH Church Lot At Noon)

NOVEMBER '23						
S	M	T	W	Th	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

5 - Fall Sunday Meeting 3
12 - Class 2
19 - Fall Sunday Meeting 4
23 - Thanksgiving Day
26 - At-Home Advent Activities (no in-person meeting)

MAY '24						
S	M	T	W	Th	F	S
			1	2	3	4
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12	13	14	15	16	17	18
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26	27	28	29	30	31	

10 - Confirmation Rehearsal 1: 6-8pm at Holy Family
11 - Confirmation Liturgy 1: 10am-1pm at Holy Family
12 - Mother's Day
27 - Memorial's Day
30 - Confirmation Rehearsal 2: 6-8pm at Holy Family
31 - Confirmation Liturgy 2: 7-10pm at Holy Family

DECEMBER '23						
S	M	T	W	Th	F	S
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

3 - Winter Sunday Meeting 1
10 - Class 3
17 - Winter Sunday Meeting 2
24 - No Seminar, Christmas Eve
25 - Christmas Day

JUNE '24						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

2 - Graduation Mass + Potluck. 11am Mass + Potluck to Follow in Gym. Special Messages for Students & Parents.
16 - Father's Day

Program Overview

SPECIAL DATES: Special dates are listed in deep blue on your calendars. Everyone should pay careful attention to these dates.

1—Last Day To Register: This is the last day to sign up for the high school program!

2—New Parent Meeting: If you have not attended a parent meeting with high school formation before (*this will most likely 9th grade parents and Catholic School Confirmation parents*), please attend one of our meeting options so that I can touch base with you. If you cannot make it to either, please let me know and we can find another time to meet.

3—End of the Year Potluck for ALL High School Formation: All Families please plan to attend for Mass and bring a dish to pass at the potluck (potluck sign-up sheet at www.hffdl.org/hs).

4—Graduation Mass: Any graduating seniors and families please plan to attend for Mass and potluck to follow. This is a day for us to celebrate your accomplishments and the many amazing things that are coming up in your immediate future!

9TH & 10TH GRADE PUBLIC SCHOOL STUDENTS meet for classes on 2nd Sundays from October through April at Sacred Heart Victory Center from 4-5:30pm. *Students Only, No Parents.* Exception:

1—At-Home Service Weekend always coincides with Super Bowl Sunday in early February, and is to be undertaken at-home. There is no meeting at SH Victory Center. Later in this packet, there is a resource for planning a family service activity in the month of February.

9TH-12TH GRADE STUDENTS + PARENTS meet for seminars and special events on 4th Sundays from September through April at Sacred Heart Church from 4-6pm. *One or both parents should attend with their child.*

Exceptions & Special Event Comments:

1—Advent Activities are always the fourth weekend of November, and are to be undertaken at-home (*since it coincides with Thanksgiving Weekend*). There is no meeting at SH Church. Later in this packet, there is a resource for helping your family make a prayer plan for Advent.

2—The Parish Mission takes place at Holy Family Church and not necessarily on the fourth weekend of the month, and has three options for your attendance. Pick the one that works best with your busy schedules. (*If you attend more than one night of the parish mission, it can be counted as a make-up for another absence.*)

3—Lenten Practices & Stations take place at Holy Family Church, NOT Sacred Heart. (*There are stations of the cross that you can journey with at Holy Family, is the reason.*)

4—The Shrine Field Trip departs from and returns to Sacred Heart parking lot without parents. This is a student/catechist only trip; if parents want to attend they can contact the coordinator about assisting as a chaperone.

11TH-12TH GRADE CONFIRMATION CANDIDATES select either a Fall, Winter, or Spring Session, and attend Sunday Meetings on 1st & 3rd Sundays for two months, as well as a two-night retreat. *Parents join Sunday Meetings from 11am-12:45pm (for Mass and Potluck), and join retreat at 9am for Mass.* Special Details:

1—Potluck Sign-Up is available at www.hffdl.org/hs (*please bring something big or small each meeting, if you can!*)

2—Candidate/Sponsor Activities are to be completed (at least) once a month from September through April. The list is contained later in this packet.

3—Retreat Packing List & Full Details are contained later in this packet.

Mass Each Week

11am Sunday Sacred Heart Mass: All High School Families attend this Mass each week. (*If your family regularly attends a weekend Mass at another Church site each week and would strongly prefer to keep attending this Mass, please reach out to let us know. We are happy to work with you.*)

Holy Days of Obligation | *Keep an eye on our parish website/Facebook for announcements about when our church sites will celebrate Masses for these dates.*

<u>Day</u>	<u>Date</u>	<u>Meaning</u>
Solemnity of Mary	January 1	The role that the Blessed Virgin played in the plan of salvation
Epiphany	January 6	Christ's revelations to man
Ascension	40 days after Easter	When the risen Christ ascended into heaven
Corpus Christi	Thursday after Trinity Sunday (two Thursdays after Pentecost)	The institution of the Sacrament of Holy Communion
Assumption	August 15	The Blessed Virgin Mary's death and her assumption into heaven
All Saints Day	November 1	The martyrdom of Christian saints
Solemnity of the Immaculate Conception	December 8	The conception of the Blessed Virgin Mary in the womb of her mother, Saint Anne
Christmas	December 25	The birth of Christ

Attendance, Make-Ups, Participation

9th-10th Grade Class Attendance Policy: Students are Required to be at Each Class. *If you cannot be there for a serious reason, please email the coordinator and we will arrange a meeting with the chaplain to discuss the absence and assign a suitable make-up.*

9th-12th Public Student + Parent Attendance Policy: Families may excuse themselves from three seminars/activities per year without penalty. Please fill out the "Report an Absence" form at www.hffdl.org/hs to let the coordinator know you will be missing a seminar.

Confirmation Candidate Attendance Policy: The priest team has approved this abbreviated program only under the stipulation that candidates attend ALL of the dates in their session. Absences are not excused, nor can they be made up at an additional event without the permission of a priest. If a candidate misses a Sunday meeting or a portion of their retreat, they will have to contact the coordinator to schedule a meeting with a chaplain. At this meeting, candidates can explain the circumstances surrounding their absence & request to continue in the sacramental program. If the priest deems the circumstances legitimate, the coordinator will assign a suitable make-up event. If the priest does not deem the circumstances legitimate, and denies the request for continuation in the sacramental program, then candidates can reapply for Confirmation the following year. *Recommendation: as soon as candidates select a session, they should clear their extracurricular, athletic, and work schedules for those dates.*

At-Home Advent Activities

From Pope Francis: "Advent invites us to a commitment to vigilance, looking beyond ourselves, expanding our mind and heart in order to open ourselves up to the needs of people, of brothers and sisters, and to the desire for a new world." - Pope Francis, *Angelus*, 2018

Planning for Advent: You should be reading this on the fourth weekend of November, when we have the night off of class for families to properly enjoy Thanksgiving. Please set aside a bit of time today to prepare your family for Advent. My two recommendations every Advent are (1) make sure you have an Advent wreath and (2) make sure you know when our parish is offering its weekly priest talks.

The Advent Wreath: Light the candle(s) of your family advent wreath each night at dinner. As part of your prayer before dinner, go around the table and share (honestly, from the heart) the things that you are grateful for and the things that you need prayers for. End this simple ritual by praying the "Bless Us, O Lord" Meal Prayer, an Our Father, or a Hail Mary.

Advent Priest Talks: Holy Family offers priest talks on Tuesday nights during Advent. Please plan to go to the first one. More information is available on our website or Facebook page.

At-Home Service Weekend

Plan a Service Project: Please take this weekend off of classes to sit down as a family and talk about the importance of serving the local community. Talk about the ways you are already serving our local community here, and talk about ways you want to do more. You can look up different organizations in the area that you believe in and that need volunteer help. Commit, as a family, to serving with an organization of your choosing on a monthly or quarterly basis. All Christians are called to serve the poor, the hungry, the needy, and the homeless. Thank you for answering Christ's call and leading your family to do the same.

Candidate/Sponsor Activities

Sponsors & Candidates should meet monthly so that sponsors can adequately & actively mentor candidates over the course of the year. These activities can be done *any time* during the month, but should be completed by the last day of each month.

August - Deadline to Select Sponsor (STRICTLY REQUIRED): A person who is serving as a confirmation sponsor must: be designated by the one to be confirmed; be 16 years old; be a Catholic who has been confirmed and who has received the sacrament of Eucharist and leads a life in harmony with the faith and role to be undertaken; not be bound by any canonical penalty legitimately imposed or declared; not be the father or mother of the one to be confirmed. Fill out the form at www.hffdl.org/hs to tell us who you've selected!

September - Select a Prayer for the Year: Sponsors/Candidates should meet or call to discuss a prayer that they can both pray throughout the year as the candidate prepares for Confirmation.

October - Sponsor's Choice: Sponsor should select a prayer activity or practice to be undertaken with their candidate this month.

November - Select Saint (Confirmation) Name (STRICTLY REQUIRED): Sponsors should help candidates select their saint (confirmation name). Fill out the form at www.hffdl.org/hs to tell us which saint you've selected!

December - Volunteer for Advent: Sponsors/Candidates should find some kind of service in the month of December to complete together.

January - Attend Mass Together: Sponsors/Candidates should attend Mass together this month.

February - Confirmation Questionnaire (STRICTLY REQUIRED): Sponsors should check in & make sure their candidate has completed the Confirmation Questionnaire, which will serve as their formal request to the Bishop to receive the sacrament of Confirmation. Find and complete the questionnaire at www.hffdl.org/hs!

March - Joint Lenten Commitment: Sponsors/candidates should select a small practice they can undertake together during the season of Lent.

April - Candidate's Choice: Candidate should select a prayer activity or practice to be undertaken with their sponsor this month.

Prayer Ideas (especially for October & April): share a meal, learn about a saint, go to Adoration, complete an act of service, pray the rosary, discuss the Sunday readings, go to Confession, attend Cor Jesu, or some other activity that is spiritually meaningful to you.

Confirmation Retreat Details, Packing List, Timetable

Timeline:

- Friday, 7pm: Bus departs Sacred Heart Parking Lot for Camp Vista
- Saturday: Retreat
- Sunday, 9am: Mass with Parents at Camp Vista
- Sunday, 10am: Retreat Concludes, Families Dismissed (*There is no return bus to Sacred Heart at the end of retreat; retreatants will drive home with their family after Mass finishes at Camp Vista.*)

Locations to Know:

- Sacred Heart Parking Lot: 678 Western Ave, Fond du Lac, WI 54935
- Camp Vista: N3398 Chapel Heights Rd, Campbellsport, WI 53010

What to Pack:

- Sleepover Items: Sleeping Bag, Pillow, Towel, Toiletries
- Food: (1) A Dessert or Snack to Share with 20 on Friday Night (*You can give this to the coordinator when you get on the bus*). (2) Personal Snacks! Bring snacks for yourself and to share with your friends.
- Clothes: Wear something comfy on Friday, pack modest jams for overnight, and pack something comfy and casual for Saturday. Bring nice clothes for Sunday Mass.
- (—Alcohol is not permitted for minors on our retreats. Any student engaging in illegal activity during retreat will be sent home and a report will be filed with the police.)

Food Provided by Camp Vista: (1) Breakfast, Lunch, Dinner on Saturday | (2) Continental Breakfast on Sunday

Emergency Contact: *There will be periods of time during retreat when your child may not have access to their cell phone. A contact phone number will be given to parents before the retreat.*

Confirmation Rehearsal & Liturgy

Rehearsal the Night Before 7-9pm | Holy Family Church (271 Fourth Street Way, FDL, WI 54937)

- Who has to be there? Candidates + Sponsors (*parent need not attend...unless a sponsor cannot be there, then a parent may fill-in with coordinator permission*)
- Timetable: 7-7:30pm — Find Assigned Seat (Alphabetical by Last Name) + Rehearse | 7:30-9pm — Adoration/Confession + Complete Candidate/Sponsor Handout

Liturgy at 7pm (Friday) or 10am (Saturday) | Holy Family Church (271 Fourth Street Way, FDL, WI 54937)

- Reserved Seating: For Candidates/Sponsors. Parents and Families sit in general seating.
- When to Arrive: Candidates/Sponsors please be in your seats **no later than** 30 minutes before. Mass will start promptly at 7pm (Friday Liturgy) or 10am (Saturday Liturgy).
- What to wear: Sunday Best (Gents: button down, slacks, dress shoes, tie, optional jacket | Ladies: a nice dress or other appropriate outfit)
- How long will Mass be? It could be as long as three hours, but we are hopeful it will be finished in 2 hours!
- Will there be a reception after? *No, but you are welcome to stick around in the Church for photographs with the bishop and our priests.*

Letters of Encouragement for Confirmation Retreat: These are letters from Catholic relatives and important faith figures in the candidate's life. Parents, grandparents, godparents, sponsors, aunts/uncles, older siblings, or any person who has a relationship with the candidate who would like to send them a word of encouragement regarding their confirmation is invited to write a letter. The letters are comprised of whatever words of encouragement or wisdom you feel called to share with the candidate. In their faith journey, this is a landmark moment that notes their full acceptance into the Catholic Faith and their full acceptance of that faith. Write a letter that will make them feel special, supported, and strengthened. Let them know you are proud of them. It can be as long or short as you'd like (a brief personal message can go a long way), but they typically range from ½ page to 2 pages. They are due back to the coordinator 2 weeks before Confirmation retreat.

