



Bible Studies & Small Groups

Winter 2023



HOLY FAMILY CATHOLIC COMMUNITY

Register for Small Groups Online



Sign Up Online

Register for your small group on the Holy Family website. You can scan the QR code above or visit hffdl.org/sm to select your group. Contact Sabina at scarter@hffdl.org with any questions.

Group Materials

We are requesting that participants purchase their own materials. If help is needed, please contact the leader of your group, listed in the following information. Contact group leader regarding the ordering and payment of books for *The Bible and the Virgin Mary*. Thank you.

Discount for Holy Family Parishioners

St. Joseph Book Room will offer a 10% discount on Bibles and Catechisms from August 2022-March 2023. Mention “Holy Family” when buying the books.

Address: 81 S Main St, Fond du Lac, WI 54935 Phone: (920) 922-3411

Co-Ed Small Groups

The Bible and the Virgin Mary A Journey Through Scripture from St. Paul Center

Mondays: January 23, 2023 – April 24, 2023 (excluding February 20)

7:00–8:30 p.m. at Holy Family South Hall – Limit: None

Leaders: Rob Kratoska (kratoska@hotmail.com or 920-204-0033) and Julie Baltz

Suggested Materials: The Bible and the Virgin Mary Workbook (\$20), Hail, Holy Queen: The Mother of God in the Word of God by Scott Hahn (\$12), Catholic Bible, & Catechism of the Catholic Church. *The materials will be ordered in bulk for the class participants. Final prices will be determined once we have a final class count.*

The Bible and the Virgin Mary, part of the St. Paul Center's Journey Through Scripture series, unveils the mystery of Our Lady that is woven into the fabric of Sacred Scripture. Based on Scott Hahn's Hail, Holy Queen and presented by dynamic speaker Matthew Leonard, this class is great for bible study beginners and anyone who wants to learn more about Mary!

Exploring the Sunday Readings

Tuesdays

9:30–11:15 a.m. at Sacred Heart Church Hospitality Room – Limit: 6 attendees

Leader: Helen Heimerl (poetlassie@yahoo.com)

Required Materials: Provided on the First Day of Class

This is a Bible Study for looking at the upcoming Sunday Readings. Each week will use the investigations and comments of bible scholars to learn the significant insights in each set of Sunday readings. We will further discuss and share how these readings apply to us and add enrichment to our lives.

The Activated Disciple from Ascension Press

Tuesdays: January 10, 2023 – March 28, 2023

10:00–11:30 a.m. at Holy Family Fireside Room – Limit: 10 attendees

Leaders: Mary Ketterhagen (123mkketterhagen@gmail.com or 920-979-4578) and Kathy Koepsell

Required Materials: The Activated Disciple and 40-Day Challenge Journal (\$30)

In the ‘Activated Disciple’, author Jeff Cavins leads us in a study of what it means to be a disciple of Jesus. In the first four weeks of class we will go through ‘The Activated Disciple’ together, studying Jeff’s ideas. Then in the following eight weeks we will complete the 40 day challenge journal and gather every week to share how we are cultivating the eight characteristics important in the life of a disciple: love, forgiveness, humility, selflessness, kindness, attentiveness and contrition.

Introduction to Theology

Wednesdays: January 25, 2023 – April 26, 2023

6:30–7:30 p.m. at Holy Family Fireside Room – Limit: 20 attendees

Leader: Luke Townsend (ldtownsend27@marianuniversity.edu or 828-612-9650)

Required Materials: None

This study will be a beginner friendly introduction to the discipline of Theology. We will focus on the major questions of Theology and the major beliefs of the Catholic faith. We will attempt to understand the “whys” behind the “whats” of the Catholic faith.

Finding The Fullness Of Faith

Thursday: January 12, 2023

8:30– 10:00 a.m. at Holy Family St. Agnes Library – Limit: 20 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Required Materials: None

In this this exciting talk, Baptist convert Stephen Ray shares deep insights and effective arguments to win over even the hardest of hearts. You'll be swept away as this best-selling author and apologist shares his journey to Catholicism and investigates the primary stumbling blocks of those who vehemently oppose the Church, the issues of salvation and the Papacy.

Parousia: The Bible and the Mass from St. Paul Center

Thursdays: January 19, 2023 – March 30, 2023 (excluding March 16)

8:30– 10:00 a.m. at Holy Family St. Agnes Library – Limit: 20 attendees

Leader: Marian Freund (meafreund@gmail.com or 920-923-1175)

Required Materials: Parousia: The Bible and the Mass Workbook (\$24.95)

Where do we find the Mass in the Bible? What is the relationship between the two? Discover why the liturgy is a major theme that runs through the entire Bible, from Genesis to the Book of Revelation. We will not only look to the Law, the Prophets, and life and teachings of Jesus, we'll also lean on the Doctors of the Church to enhance our understanding of the Mass. We'll see how the New Testament is concealed in the Old, the Old is revealed in the New, and why both point directly to the Mass, the sign of the New Covenant. Join host Scott Hahn to uncover how and why all of God's action, in creation and redemption, is ordered to the Mass.

Women In The New Testament from Little Rock Scripture Study

Thursdays: April 13, 2023 – June 1, 2023

8:30–10:00 a.m. at Holy Family St. Agnes Library – Limit: 20 attendees

Leaders: Marian Freund (meafreund@gmail.com or 920-923-1175)

Required Materials: Study Guide (\$16.95)

This study of New Testament women engages with women across a variety of connections to Jesus and the apostles and studies them accordingly. Participants will encounter the strengths and needs of these women, but also how being a woman in the Holy Land during the time of Jesus and the apostles shaped many of the challenges they faced in responding to Jesus. Participants will enter into discussion and prayer about expectant faith, what it means to be touched by Jesus, and the meaning of discipleship.

Healing the Whole Person from John Paul II Healing Center

Thursdays: January 26, 2023 – March 30, 2023

7:00–9:00 p.m. at Holy Family Church and Hall – Limit: 100 attendees

Leader: Jordan Skiff (skiffjordan@gmail.com or 608-487-6612) and Sheila Skiff

Required Materials: Healing the Whole Person Workbook (\$20)

This will be our second time offering this eight-week video series, offering Biblical and Catholic teaching on the wounds and sins that burden us, and how we can find freedom and healing in Christ. Led by Dr. Bob Schuchts and Sr. Miriam James Heidland, the teaching is combined with personal journaling, Confession, intercessory prayer and Adoration to create a space for true healing to occur. In addition to the eight video sessions we plan to meet for two additional Thursdays for times of prayer, Confession and Stations of the Cross.

The Four Signs of a Dynamic Catholic

Saturdays: January 28, 2023 – February 11, 2023

9:00–10:30 a.m. at PBVM Church and Basement – Limit: 20 attendees

Leader: Sabina Carter (scarcer@hffdl.org or 920-921-0580 ext. 501) and Pam Minsch

Required Materials: Materials Provided

If you walk into any Catholic church next Sunday and look around, you will discover that some people are highly engaged, others are massively disengaged, and the majority are somewhere in between. Whether you are ready to let God take your spiritual life to the next level or want to help reinvigorate your parish, The Four Signs of a Dynamic Catholic promises to take you on a journey that will help you to live out the genius of Catholicism in your everyday life.

Self-Study Programs

Bible Self Study on Formed.org

Through video series, podcasts, movies, and more, there are many different resources that make it easy to dive deeper into our faith on Formed! Find a variety of different Bible Studies under “Programs/Bible Studies”. Go to <https://hffdl.formed.org/> click ‘Register Now,’ enter information (Holy Family Catholic Community/Fond du Lac) to create an account or sign-in.

Bible in a Year from Fr. Mike Schmitz and Ascension Presents

The Bible in a Year podcast guides you through the **entire Bible** in 365 episodes. Using an exclusive reading plan rooted in The Bible Timeline (a ground-breaking approach to understanding salvation history developed by Biblical scholar Jeff Cavins) you won’t just read the Bible ... you’ll finally understand how all the pieces fit together to tell an amazing story that continues in your life today! Check out <https://media.ascensionpress.com/all-bible-in-a-year-episodes/> for more information.

Men's Small Groups

The Light of Men - That Man is You! from Paradisus Dei

Wednesdays: January 4, 2023 – March 29, 2023 (excluding November 23)

5:30–7:00 a.m. at Holy Family North Hall – Limit: None

No Registration Required, Open Attendance.

Leader: Mike Frydryk (mfrydryk@kondex.com or 920-602-0155) and Al Nicolai

Required Materials: Pick Up Materials at Class (\$10)

That Man is You! honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

The Crux from FOCUS (Fellowship of Catholic University Students)

Wednesdays: February 15, 2023 – April 5, 2023 (excluding March 15)

7:00–8:00 p.m. at PBVM Church and Basement – Limit: 12 attendees

Leader: Fr. Michael Malucha (michaelm@hffdl.org or 920-921-0580 ext. 602)

Required Materials: The Crux PDF Download (Free)

Intended for newly married men, young husbands, and fathers, The Crux (“The Cross”) will serve as an invitation to hear the Kerygma, the Gospel proclamation, either again or for the first time, and to say yes once again to the Lord. Over the course of six gatherings, ending the Wednesday of Holy Week, these evenings will challenge us to return to the heart of the Gospel and to the heart of life, Jesus Christ Our Lord, so that we might be inspired to lead one another, our families, and our parish community back to the Heart as well.

Women's Small Groups

Hannah's Tears

Thursdays: April 13, 2023 – May 18, 2023

6:00–7:30 p.m. at PBVM Hall – Limit: None

Leader: Amanda Zinthefer (apohle1126@gmail.com or 262-894-3541)

A six part series of hope and healing for women experiencing infertility or who have lost a child in the womb or as an infant. No materials needed.

No Greater Love: A Biblical Walk through Christ's Passion

Fridays: January 27, 2023 – March 3 (excluding February 17)

9:00–10:30 a.m. at Holy Family Fireside Room – Limit: 20 attendees

Leaders: Anne Brunette (6brunettes@charter.net or 920-266-7419) and Christine Krizenesky

Required Materials: No Greater Love: A Biblical Walk through Christ's Passion (\$26.95)

No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life. You will walk step-by-step with Jesus from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death. Experience a deeper understanding and appreciation of God's immeasurable and unconditional love for you—grow closer to Jesus than you ever have before.

	MONDAY	TUESDAY	WEDNESDAY
Early Morning 5:30 AM - 7:30 AM			Men's Group The Light of Men - That Man Is You! 5:30-7:00am @ HF Hall Starts January 4 (Frydryk) <i>Limit: None</i>
Morning 8:00 AM - 12:00 PM		Exploring the Sunday Readings 9:30-11:15am @ SH Hospitality Every Tuesday (Heimeral) <i>Limit: 6</i> The Activated Disciple 10:00-11:30am @ HF St. Agnes Library Starts January 10 (Ketterhagen & Koepsell) <i>Limit: 10</i>	
Evening 6:00 PM - 9:00 PM	The Bible and the Virgin Mary, A Journey Through Scripture 7:00-8:30pm @ HF South Hall Starts January 23 (Kratoska & Baltz) <i>Limit: None</i>	Young Adults 7:30-9:00pm @ SH School Basement Every Tuesday (YA Team) <i>Limit: None</i> Lent Talks 6:30-7:30pm @ SH Church Starts February 28 (Priest Team) <i>Limit: None</i>	Introduction to Theology 6:30-7:30pm @ HF Fireside Room Starts January 25 (Townsend) <i>Limit: 20</i> Men's Group The Crux 7:00-8:00pm @ PBVM Hall Starts February 15 (Fr. Michael) <i>Limit: 12</i>

	THURSDAY	FRIDAY	SATURDAY
Early Morning 5:30 AM - 7:30 AM			
Morning 8:00 AM - 12:00 PM	Three Study Series <i>Check pages 5-6 for more details.</i> 8:30-10:00am @ HF Starts January 12 (Freund) <i>Limit: 20</i>	Women's Group No Greater Love: A Biblical Walk through Christ's Passion 9:00-10:30am @ HF Fireside Starts January 27 (Brunette & Krizenesky) <i>Limit: 20</i>	The Four Signs of a Dynamic Catholic 9:00–10:30am @ PBVM Hall Starts January 28 (Carter & Minsch) <i>Limit: 20</i>
Evening 6:00 PM - 9:00 PM	Healing the Whole Person 7:00-9:00pm @ HF Church and Hall Starts January 26 (Skiff) <i>Limit: None</i> Women's Group Hannah's Tears 6:00-7:30pm @ PBVM Hall Starts April 13 (Zinthefer) <i>Limit: None</i>		

Save the Date

Women's Ministry Retreat

Saturday, January 21, 2023

at Holy Family Church and Hall

Parish Mission with Bart Schuchts

Sunday, February 19–Tuesday, February 21, 2023

at Holy Family Church

Soup du Jour

Saturday, February 18, 2023

Lenten Priest Talks

Tuesdays: February 28–March 28, 2023

at Sacred Heart Church

Holy Family Gala

Wednesday, April 19, 2023

at Holy Family Gathering Space and Hall

For more information, check the Good News or our website HFFDL.org in the New Year.