

At-Home Service Weekend

Making a Service Plan

Messages to Remember

1. We have a responsibility to help those in need.
2. We must protect ourselves and others from violations of God's plan for our spiritual, sexual, and moral lives.
3. The blessings in our lives are from God.
4. "Eucharist" means Thanksgiving.
5. Everything is a gift, & realizing this can reshape your life.
6. You are good.
7. You sin, but you are more than your sin.
8. Take ownership of your thoughts.

Claim Your Faith / Reclaim Your Faith

1. Serve your community!
2. Make a short list of activities & relationships to commit to.
3. Think of 4 things every morning that you're grateful for. Think of 4 things every evening. Turn to the Lord & Thank Him.
4. Daily Challenge: Pray The Prayer Below
5. Weekly Challenge: Attend Sunday Mass
6. Monthly Challenge: Attend Confession

Thomas Merton's Prayer for Discernment

"My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. nor do I really know myself, and the fact that I think I am following your will does not mean that I am actually doing so.

But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone."

—*"The Merton Prayer" from Thoughts in Solitude Copyright © 1956, 1958 by The Abbey of Our Lady of Gethsemani.*

Instructions: Complete the 'Learn,' 'Research,' and 'Act' tasks below.

This weekend is a chance for you to commit to some form of service to our local community. Make the plan this weekend, and then stick to it in the coming weeks and months! Maybe your family is already involved in service projects for the parish or our local community; if so, great! Maybe you find it hard to fit service into your life. Wherever you're at, use this weekend to talk with your family about the importance of service, and make a renewed commitment to giving back. This weekend isn't about doing service once a year, it's about finding a way to incorporate service into your life year-round.

Learn:

Watch this [video](#) on the Rights & Responsibilities we have as Catholics to serve our local communities. (Instructions for accessing your free formed account through Holy Family can be found [here](#))

Research:

Use [this website](#) to find a service agency, group, or opportunity in the Fond du Lac area that you would like to get involved in. If you know of a local organization or agency not on the list, you can use that as well. Ask yourself these questions:

1. What are the physical or emotional needs that this agency provides for in our local community?
2. What spiritual needs that this agency provides for in our local community?

Act:

Fill out [this form](#) to let me know which agency or project you are hoping to get involved in!